

SHARON WOMEN'S SOFTBALL LEAGUE RULES

1. Starting time is 6:00PM. Games will end after seven innings of play. No inning will start after 8:00PM.
2. Each team may score only six runs per inning, except in the last inning.
3. A player cannot play one position for more than four innings per game. However, a pitcher may remain in that position up to seven innings. Please remember this is a recreational league.
4. Pitcher must stand at least 42 feet from home plate
5. Slow, level pitching only. The pitcher must be able to consistently get the ball over the plate.
6. No balls or strikes will be called. A batter is out after a third swinging strike.
7. The catcher must wear a face mask and chest protector.
8. If a foul ball is caught in the air, the batter is out. Any foul caught by the catcher, regardless of height, is out.
9. Since we choose not to have umpires, the 1st and 3rd base coaches have final calls on foul balls and play at the bases.
10. Runner may advance only one base on an overthrown ball but no automatic base is given. Runner runs at own risk and must be tagged, as there is no force play.
11. Only first base can be overrun and runner must run straight out and to the right towards foul territory.
12. If the pitcher is on the mound with the ball, runners may not advance.
13. No bunting, stealing bases or leading is allowed.
14. No sliding into bases.
15. If a fly ball is caught, runners on any base can advance after tagging her base first.
16. If the play is not forced, the runner must be tagged out.
17. Fielders may not block home plate or any base from runner or stand in baseline during play.
18. No metal cleats are allowed.